

Waxing*



Basic Bikini Just the sides	€20
Extended Bikini / Californian High leg / thong	€30
Basic Brazilian Between Extended and Brazilian	€40
Brazilian Small strip / triangle remains	€50
Hollywood Totally bare	€55
Lower Leg / Upper Leg	€25
3/4 Leg	€30
Full Leg	€40
Underarm	€15
Arms	€25
Lip	€12
Eyebrows	€15
Sides of Face	€15
Chin	€12

**10% discount on any 2 or more waxes*

Massage

Traditional Swedish Massage An invigorating massage that relaxes the muscles, eases tension, improves circulation and promotes general well-being	€70 60mins full body €40 30mins back
Deep Tissue Massage A massage that uses deep tissue techniques to target knots, aches and pains associated with over strain and tiredness	€80 60mins full body €45 30mins back
Indian Head Massage A rejuvenating massage on the head, face, neck and shoulders, ideal for relief of muscle tension and stress	€50 45mins
Hot Stone Massage A massage that combines the therapeutic benefits of aromatic oils with the relaxing rebalancing effects of warm, smooth basalt stones	€90 75mins



AT THE GROOMING ROOMS
beauty treatments for women

Facials



Dermalogica Express Facial

A facial designed to freshen the skin which includes cleansing, exfoliating, treatment mask and moisturising

€45 | 30mins

Dermalogica Prescriptive Facial

In consultation with a therapist a customised facial will be prescribed to suit your skin's needs leaving it fresh, cleansed and restored

€75 | 60mins

Dermalogica AGE Smart

This revitalising power boost facial is designed to nourish, regenerate and energise the skin. It is the ultimate in skin therapy for prematurely-aging, mature and devitalised skin

€80 | 60mins

Dermalogica MediBac Clearing

A facial designed for acne prone skin that includes exfoliation to remove pore clogging skin cells and extractions to help clear current breakouts. The application of our soothing professional masque system detoxifies skin while calming irritation and redness

€80 | 60mins

Dermalogica Purifying Deep Cleanse

A facial designed for oil rich skin, it will aid the elimination of blocked pores and congestion, reduce future breakouts and clarify the skin

€85 | 75mins

Dermalogica Revitalising Eye Rescue Treatment

The perfect add-on (or on its own) to one of our Dermalogica facials concentrating on the eye area to help minimise signs of aging, puffiness and dark circles

€25 | 20mins

Dermalogica Purifying Back Treatment

A power cleanse to help reduce the skin's impurities. Hot towels are applied to assist deep pore cleansing followed by a treatment mask, back and shoulder massage

€75 | 60mins

Facials



Yon-Ka Escale Beauté

The beauty break. A well-deserved pause to give your skin its vitamins, restore your energy and help you quickly rediscover a restful look in a dynamic atmosphere rich with the scents of citrus and garrigue

€50 | 35mins

Yon-Ka Le Grand Classique

Deep pore cleansing, restoring and relaxing facial. For clean skin and a radiant complexion, this treatment includes 5 successive, very gentle cleansing steps

€85 | 75mins

Yon-Ka Hydralessence Visage

Long-lasting, deep hydrating facial. Moisturised with seaweed and fruit extracts and bathed in a light aromatic steam, your skin becomes supple, soft and beautiful, wrinkles and lines smoothed

€85 | 60mins

Yon-Ka Optimiser

Rejuvenating anti-wrinkle facial. Revived by essential oils and beech buds, energised by vitamins and trace elements, the skin rediscovers its balance, suppleness and vitality

€90 | 75mins



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Manicures*



File & Polish

€15 | 20mins

O.P.I. Manicure

Hands are soaked, nails and cuticles are cleaned and shaped followed by hand moisturising and polish

€30 | 40mins

Deluxe O.P.I. Manicure

In this luxurious treatment hands are soaked and exfoliated with a blend of natural sugar crystals and botanical and citrus extract which leaves the hands silky smooth and soft. Nails and cuticles are cleaned and shaped followed by an application of a heated hydrating mask with shea butter, hand massage, moisturising and polish

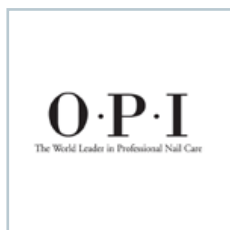
€45 | 60mins

Extended Hand & Arm Massage

€15 | 15mins

**French polish €5 extra*

Pedicures*



File & Polish

€20 | 20mins

O.P.I. Pedicure

Feet are soaked, nails and cuticles are cleaned and shaped followed by foot moisturising and polish

€35 | 45mins

Deluxe O.P.I. Pedicure

Feet are soaked in a purifying foot bath and exfoliated with a blend of sugar crystals and botanical and citrus extract which reduce calluses and banish dry, rough skin. This results in ultra hydrated skin and restoring feet to silky smoothness. Nails and cuticles are cleaned and shaped followed by an application of a heated hydrating mask with shea butter, foot massage, moisturising and polish

€50 | 60mins

Extended Foot & Leg Massage

€15 | 15mins

**French polish €5 extra*

CND Shellac*



2 Week Manicure

€30 | 40mins

2 Week Pedicure

€30 | 40mins

Reshellac (removed & reapplied)

€40 | 45mins

Shellac off with Nail Treatment

€15 | 20mins

**French polish €5 extra*



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Eyebrows & Eyelashes

Eyebrow Tint	€15
Eyelash Tint	€20
Eyebrow and Eyelash Tint	€30
Eyebrow Shape	€15
Eyebrow Shape and Tint	€25
Eyebrow Shape, Eyebrow and Eyelash Tint	€40

Packages

1. File/Polish on Hands and Feet	€30		45mins
2. Swedish Back Massage, Express Facial	€70		60mins
3. O.P.I Manicure, O.P.I. Pedicure & Express Facial	€90		1hr 45mins
4. Indian Head Massage, Express Facial & File/Polish on Hands & Feet	€110		2hrs
5. Prescriptive Facial & Swedish Full Body Massage	€125		2hrs
6. Purifying Deep Cleanse Facial & Hot Stone Massage	€150		2hrs 30mins
7. Prescriptive Facial, O.P.I. Deluxe Manicure & Pedicure	€145		3hrs
8. Purifying Deep Cleanse Facial, Purifying Back Treatment & O.P.I. Deluxe Manicure	€175		3hrs 15mins
9. Hot Stone Massage, Prescriptive Facial, O.P.I. Deluxe Manicure & Pedicure	€220		4hrs 15mins

Gift Certificates

Gift Certificates can be purchased from Eve at The Grooming Rooms for any service, package, product or monetary amount. Gift Certificates may also be ordered by phone or online (please email us and we will contact you by phone to take credit/debit card details).

The Gift Certificate will be sent by post to the delivery address specified by you.

Gift Certificates are non-refundable.